

Sea Shell Essence

New Beginnings

Sea Shell Essence was birthed under an Aquarian New Moon inviting freedom, wildness, creativity, ideas and new adventures.

The ancestors called to me to make this essence for healing with their journey to this land. Were they sad, fearful of the unknown? Was life a struggle in their homeland that they had nothing to lose? Or were they excited for this new adventure?

Their experience of this journey can be passed down thru the timeline and maybe affecting your life today in relation to change, journeys, new beginnings or being unable to take a leap of faith. Sea Shell works on an energetic level.

Message:

This Essence gathers the courage, determination, strength, resilience and confidence of your ancestors to support you in stepping into a new beginning to awaken your truth, power and true source.

What's in it?

This blend was created in two parts to symbolize leaving the homeland and arriving into their new country.

Leaving the Homeland:

Sea Shell Essence ~ Mother Ocean, Moonlight, Salt Water, emerging from the depths of the ocean to the shoreline.

Rose Quartz ~ Brings healing to the layers of your heart that runs deep like the ocean.

Mother Ocean ~ Master mind healing of attitudes, beliefs + patterns. Wisdom mind awakens as the new cycle emerges.

Goddess Luna ~ left under moonbeams for one luna cycle as your ancestor leaves the homeland..

Infusing Australian energy - balancing the sun, colours, excitement, fear + unknown. This is Australia - This is YOU.

Gum Leaves ~ Connection to the spirit of the land, new country, the scent of Australia. Helps with the ache of loss.

Solar Rays ~ The sun's rays in the new country are harsh and so different than the motherland. Acceptance of the new.

Sheoak ~ Balance for female convicts, settlers + migrants with conception, fertility and birth issues. Karmic clearing.

Quartz Bowl ~ Thymus chakra 'seat of the soul' awakens gratitude for the ancestors. You are because of them. Soul Healing.

Koshi Chimes ~ For balance, beauty and being present...

Usui Reiki ~ Clears, heals, energize + balance Sea Shell Essence to its highest vibration.

Sea Shell Essence was birthed on the 1st day of the Spiritual New Year symbolizing a new beginning with fresh eyes, new attitude, open heart and a sense of adventure..

Channelled Message

Healing may occur for up to 10 generations passed. Since the beginning of time your ancestors have journeyed to new destinations, exploring new frontiers always in search of 'better' for themselves and their tribe. Each generation has been blessed and I've listed what presented for each.

10. Trust your own wisdom - you are a wise woman
9. Searching new shores - always looking
8. A never ending struggle just to feed the family
7. Evil - throat issues - the burning of wise woman, the witch hunts ~ fear of speaking up, being heard
6. Wanting better, untangling of the old energy of attachments
5. Hope fear, excitement and the new
4. Rising up + becoming better with opportunity
3. Fear, greed, prospects of greater wealth
2. Nervous system alignment and a new sense of purpose,
1. Re-alignment of structure, can-do attitude. Australian Ready - A new Australian is realized...

What will it heal?

Feminine health issues, womb, back, throat issues thru the timeline for deep release. Sabotage, self-depreciation and shame that has been passed down thru the generations will rise to the surface for clearing. As you heal this within yourself it will be taken back thru the timeline for final healing and clearing.

The vision when you take your essence

See yourself standing with your mothers and grandmothers behind you ...to the first generation here in Australia.

Reflect on their journey, the process to making the decision, taking action, to what their life was like with their struggles and successes in Australia, what their life was like at your age today. Many arrived with nothing but went on to create homes, families, careers, businesses and a rich history that changed the face of Australia.

As you look back over your ancestors give thanks. Look into each grandmother's eyes with gratitude. Your original grandmother sends a healing energy that is unique to your bloodline down thru each woman's heart until it comes into yours. This brings healing, connection and support. You are not alone. You are because of them.

You have opportunity, equality, choice, respect, a safe life free from war, work, home, food, ease, grace and unlimited possibility. Soak this up the gratitude + respect. Give thanks to those who came before you. Now step into your life feeling the support of the spirit of your grandmothers.

Can you do this with your patriarchal line? Yes of course! Just do the same meditation with both lines or one at a time.

Alchemy in a Bottle

www.femininespirit.com.au